

**LET US HELP YOU TAKE THE PRESSURE OFF**  
**Instructions for Use of Cloud9 Care**



Cloud9 Care is an easy-to-use and **proven** pressure-relieving device. It is designed to help prevent and heal pressure sores for patients at risk, as well as to ease care for the caregiver.

The basic concept of regular repositioning is to ensure that relief is given to areas of the body that are vulnerable to pressure-based injuries. To accomplish this simple yet effective intervention, we turn the patient to one side, then to the other side, and then onto their back on a regular time-based schedule, usually every 2-3 hours.

Cloud 9's interchangeable wedge system and friction-free materials provide an effective method for making sure that bed-bound individuals can be comfortably turned on a regular basis with minimal effort and friction.

- 1) Remove sheet from its packaging.
- 2) Double check that it is the correct size for your mattress.
- 3) It is recommended to wash on warm or cool, tumble dry low settings.
- 4) Place the sheet on the mattress to be used. This product has two layers, so place the colored layer facing UP.
- 5) Guardian Layer is adaptable to varying mattress depths by its unique elasticized bungee cord at its base. Locate the corner of the product with the cord stopper. After tucking the edges well around the mattress and smoothing the sheet to be as wrinkle-free as possible, pull this cord **tightly** and release cord lock.
- 6) You will notice that there are two layers of fabric. The top layer is stitched to the bottom so as to create six pockets, three along each side, for placement of inserts. They are open-ended to ensure a **very smooth surface** next to your client's skin, as well as making it easy to place wedges for the individual's needs.
- 7) Included in the box are **3 foam wedges**. These will likely be in vacuum packaging. Please take them out by cutting the packaging with scissors. Let them expand fully prior to use. This may take up to 24 hours. If not already in a case, please place them in provided cases after fully expanded.  
These wedges are intended to relieve pressure from bony prominences, such as the tailbone (sacrum) and spine, where pressure sores are very common in bedridden persons. The cushion cases are also made of **low-friction** fabric for ease of insertion into the pockets.
- 8) Start by sliding the **three wedges** into pockets along same side of sheet. The tall side of the wedges need to fit into the corners of the side pockets with the low edge of the wedge facing the center, where the person will be lying. This will help minimize the pressure on the back side.
- 9) Patient may now get into a comfortable position onto the bed, relaxing against the cushions.
- 10) After 2-3 hours, the client should be turned onto their opposite side in the following manner:
  - remove the wedges out of the pockets (the client can remain in bed hereafter)
  - replace wedges into the three pockets on the opposite side of the sheet, ensuring the client has adequately turned in the opposite direction
  - depending upon the person's mobility, assistance may be required with repositioning.

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- 11) After another 2-3 hours, client's position should again be changed. This time, he/she may be placed flat their back
- 12) For best results in terms of skin care and pressure sore prevention, this rotation sequence of changing position every 2-3 hours should continue whenever the client is in bed. Be sure to be checking skin each time for any signs of damage every time the client's position is changed.
- 13) The wedges can also be used on either side of the hips to elevate the tailbone.
- 14) Every individual is different, so feel free to try different combinations for custom care.
- 15) ) Please contact your local physician or nurse if an area is red, or otherwise discolored and not blanching, or with any other concerns.

Reach out to us for any questions at [smayer@cloud9caresystem.com](mailto:smayer@cloud9caresystem.com)